

Feed A Needy Neighbor

FANN

Help feed the hungry

FANN Foods of the Month

Hunger is year round! Help Jewish Family & Community Services fill the Winn-Dixie Emergency Food Pantry with non-perishable food items throughout the year.

No one can succeed on an empty stomach.
We appreciate your support!

January

Beef Stew, Baked Beans, Hearty Soups, Vegetables.

February

Tuna, Chili, Rice, Tomato Sauce, Beans.

March

Peanut Butter, Jelly, Crackers, Mac & Cheese, Hearty Soups.

April

Beef Ravioli, Baked Beans, Peaches, Pears, Hearty Soups and Cereal.

May

Peanut Butter, Jelly, Pasta, Tomato Sauce, Chili, Fruit Juices.

June

Beef Stew, Carrots, Beans, Rice, Fruit Juices.

July and August

Peanut Butter, Jelly, Rice, Pasta, Tomato Sauce, Mac & Cheese, Tuna, Canned Fruits, Juices.

September

Cereal, Cans of Chicken, Beans, Beef Ravioli, Hearty Soups.

October

Peanut Butter, Jelly, Crackers, Pastas, Tomato Sauce, Peaches

November

Canned Turkey or Chicken, Pumpkin, Cranberry Sauce, Sweet Potatoes, Peas, Carrots, Fruits.

December

Tuna, Chili, Vegetables, Mac & Cheese, Fruit Cocktail.

Helpful Detailed Descriptions

Cereal: Toasty O's, Chex, Raisin Bran, Corn Flakes. **Misc. Protein:** Peanut Butter.
Beans: Kidney, Pinto, Navy, etc. **Carbs:** Crackers, Pasta, Rice, Mac & Cheese.
Hearty Soups: Cans of Minestrone, Chunky, Wedding, Chicken/Beef and Vegetables, Hearty Chicken.
Meat/Fish products: Cans of Beef Ravioli, Beef Stew, Pork or Beef or Chicken, Vienna Sausage, Beefaroni, Tuna, Salmon.
Vegetables: Cans of String Beans, Corn, Carrots, Potatoes, Peas, Asparagus, Mixed Vegetables.
Fruits: Cans of peaches, pears, pineapples, mandarin oranges, fruit cocktail, apple sauce.



More information:
Phone 448.1933
www.ifcsjax.org