



# FAMILY MATTERS

JEWISH  
FAMILY &  
COMMUNITY  
SERVICES

Spring  
2009



## A Heartfelt Thank You

by Iris Young, Executive Director



A very wise JFCS board member said “When for-profit companies are busy, they make money; when non-profits companies are busy, they need money.”

How true. In the midst of these difficult economic conditions we have been very busy in all areas of service. Whether it is financial assistance, counseling to cope with the added stress we are all experiencing or support for seniors who are seeing their retirement shrink, our work continues as we see needed services expand. We are committed to making a positive difference in people’s lives, and you make it possible.

Not only are the financial resources we receive critical to deliver services, volunteers are crucial too. Volunteers in many areas of expertise have come forward to work with our organization, even assisting in the day-to-day tasks. This additional manpower and brain power is invaluable and a great opportunity for us to be even better. From board members to business leaders to our volunteers . . . all of you are part of the JFCS team.

We could not do our jobs without you, and I just want to say thank you on behalf of the staff and clients at JFCS.

### Today I left a Legacy *written by a JFCS staff member*

“As the Jacksonville Jewish Foundation embarked on the Create A Jewish Legacy campaign I was excited about the opportunity for the community to ensure the future of the Jewish agency where I work as well as all of our agencies and synagogues. I never considered that I could create a legacy. Upon attending workshops and speaking with Foundation leaders I discovered that I could! What is so wonderful about this program is it is about our future. My gift can be designed to reflect what works best for my stage of life and can be designed to match my personal priorities in the Jewish community. I feel really good knowing I can make a difference.”

Of course, we ask that you consider JFCS when creating a Jewish legacy. But we also ask that you consider Create A Jewish Legacy for whatever your personal commitment may be to our Jewish future. Your legacy can reflect anything that is most important and meaningful to you.

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### JFCS Fact Sheet

- JFCS provided \$87,572.87 in Financial Assistance to 123 families during January and February of 2009.
- Children at the Martin J Gottlieb Day School and teacher Edith Horovitz planned a Model Passover Seder for residents at Mt. Carmel Gardens.



### CREATE A JEWISH LEGACY

An investment in a JFCS endowment gives you the satisfaction of knowing your legacy will enhance the lives and nurture the spirit of the community for generations to come.

Contact the Jacksonville Jewish Foundation at 904-394-0720 and turn your passion into action.



JFCS Fundraiser  
A Night In New York City . . .

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# JFCS Programs & Events

**Koleinujax - It's A Matter of Trust**  
Thursday, April 30th • 7 p.m.



Koleinujax and MetLife® present  
A Free Financial Workshop for Parents of Children with Special Needs.  
Join MetLife® Presenter Mike Sousou and MetLife® Contact Adam McDonough of MetD.E.S.K® Division of Estate Planning for Special Kids.  
Learn about planning for our children's future. How do we protect them? What questions do we need to ask? To reserve your space please contact Susan Spinella at 394-5728 or [sspinella@jfcsjax.org](mailto:sspinella@jfcsjax.org) no later than April 24th.  
Location: JFCS Dupont Bldg., Parker-Wilf Boardroom

**Adoptive Parents Support Group**  
Tuesday, April 21st and May 19th • 7 p.m.

First Coast Adoption Professionals (FCAP) will join with Donna Wheeler of Plan To Adopt to explore and explain the adoption process. This group is open and free to parents who either want to adopt or who have already adopted. Join us for valuable insight. For further information and to reserve your space please contact Kathleen Stevens at 394-5763 or [kstevens@jfcsjax.org](mailto:kstevens@jfcsjax.org)  
Location: JFCS Dupont Bldg., Parker-Wilf Boardroom

## UPCOMING PROGRAMS

**Bereavement Support Group • Monthly/3rd Tuesday, 4:00 - 5:00 p.m.**

For all those coping with the loss of a loved one and needing a place of comfort. RSVP: 224-2048

Location: Jacksonville Jewish Center, 3662 Crown Point Road

**Caregiver Connections • Monthly/2nd Tuesday, 12:30 - 1:30 p.m.**

A telephone support group for at-home, long-distance or working caregivers, offering a wide range of discussion topics and tips. Phone-in 2nd Tuesday of the month. Registration fee: \$10 per session. Call ahead to receive access code. RSVP: Shelley Kulchin 394-5722

**The Back to Work Club • 2nd & 4th Tuesday of the month**

1:00-2:00 p.m.

A workshop series for those who have been impacted by the current economic crisis. Location: JFCS Dupont Bldg. RSVP: Helen Hill 394-5737



## Last Chance for JELF!

JFCS works in partnership with the **Jewish Educational Loan Fund (JELF)** of Atlanta who grants interest-free college loans to Jewish students in the Southeast to supply those last dollars needed to help students get the education they need to succeed in life. Applications are available online ([www.jelf.org](http://www.jelf.org)) and the application deadline is April 15<sup>th</sup>. For more information, call Renie Levin, local JELF Administrator, at 394-5721.



## FANN FOODS OF THE MONTH

### April

Beef Ravioli, Baked Beans, Peaches,  
Pears, Hearty Soup, Cereal

### May

Peanut Butter, Jelly, Pasta, Tomato  
Sauce, Chili, Fruit Juice

### June

Beef Stew, Carrots, Beans, Rice,  
Fruit Juice

### July and August

Peanut Butter, Jelly, Rice,  
Mac & Cheese, Tuna, Fruit

## Kosher Kart Meals

Kosher Kart meals are available to Jewish individuals throughout the community.



This is a practical alternative for seniors or individuals just recuperating from illness or hospitalization. \$5 per meal with a sliding scale available. To sign up for meals call the Department of Jewish Services at 224-2048.

## CALL2GO

**Do you need a ride?**

Call us:

**224-6287**

JFCS Senior Transportation Program provides door-to-door cab service for medical appointments, grocery shopping and to synagogue. Cost is \$7.50 one way; \$15 round trip within our service area. There is no cost for rides to Sabbath or holiday services. All that is required is 48-hour notice.

# A Night In New York City



Lenny & Heather Ferman

Three cheers to all who attended and helped JFCS raise funds for FANN and JFCS programs and services. The music, the food and the characters of the Big Apple added up to a fun and memorable evening for all.



Michael Ward, Jim & Francine Kempner



Howard Caplan, Jeanne Maron, Steve & Leigh Mills



Caren Appel, Paulette Keifer, Beth & Mark Shorstein

## The Many Faces of JFCS

### Adoption

First Coast Adoption Professionals places infants and children into loving and nurturing homes and performs domestic and international adoption home studies.



### Child Safety

JFCS provides case management services to abused and neglected children and provides prevention services to help keep families strong and stable.

### Kosher Kart

Delicious kosher meals delivered to your door.

### Counseling

The Counseling Department at JFCS is staffed with quality licensed professionals. Services for individuals and families are based on ability to pay. Services include pre-marital counseling, custody home studies, grief counseling and family counseling.

### Emergency Financial Assistance

JFCS distributes federal and state funds to individuals who are having difficulty paying rent or utility bills and to individuals having difficulty paying security, rental or utility deposits.

### Feed A Needy Neighbor (FANN)

The Winn Dixie Emergency Food Pantry at JFCS provides emergency groceries to individuals and families.



### Geriatric Care Management

Counseling, information and referral, support groups and care management are provided to older adults and their families.



### Jewish Healing Network

Trained volunteers offer comfort and support to the sick, the elderly, or those feeling socially isolated.

### Jewish Hospice Connection

JFCS works with local Hospices in serving Jewish clients their families.

## Focus Group Thanks

Over the past six months JFCS staff has been busy conducting focus groups in order to get community feedback regarding existing programs and areas we can serve you better. We want to thank all of you that took the time to participate in these groups and to let you know we look forward to sharing with you what we have learned.

## Pearls of Wisdom

Dear Pearl,

Six months ago, my mother moved into a nursing home. Initially, she agreed with the family about this decision, understanding that the move was necessary. Now, it seems nothing is right. My mother complains about the help, the food, the other residents – everything! I'm the only family member living in town, so I am the one who is receiving all her criticism. What can I say or do that won't result in another argument? -*Stressed-Out Sally*

Dear Sally,

Negative behavior is hard to take and criticism, whether it is aimed at you or not, tends to trigger defensive behavior. You may have to consider your reaction to her. Understand this isn't the mom you used to have. There are a variety of books giving advice and tips to improve communication. Many adult children find it helpful to talk with each other and you might be interested in joining Caregiver Connections, which is a telephone support group offered by JFCS, or reaching out for support through groups or individuals going through similar experiences.





Changing lives for better tomorrows

Iris Young  
Executive Director

Susan Gendzier  
Chief Financial Officer

Colleen Lloyd  
Chief Programs Officer

Jimmy Fox  
Director of Information Technology

Gail Furman  
Manager of Jewish Services

Nicola Garner  
Director of Human Resources

Stephanie Majeskey  
Director of Contracts and Compliance

Robin Peters  
Director of Development and Marketing

Kathleen Stevens  
Director of Adoptions

The mission of Jewish Family & Community Services is to strengthen the entire community by providing individual and family social services in the Jewish tradition of helping people help themselves.



Family Support Services  
OF NORTH FLORIDA INC.



JACKSONVILLE JEWISH  
FEDERATION



MAZON:  
A Jewish Response to Hunger



## We now accept American Express

JFCS is happy to announce that we now accept the American Express card. Now when you make a donation to JFCS you can increase your reward points by using your American Express. We will also email you notices whenever there are special programs to double your points. Thanks for supporting JFCS! [www.jfcsjax.org](http://www.jfcsjax.org)



Dated Material: March 30, 2009



# Support FANN

## Join the Block Family Food Challenge

This is the time of year that JFCS looks to raise funds and food. Here is how you can help:

- Donate funds during the months of March and April; The Block family will match the donation.
- Buy one, GIVE one. Look for the "buy one get one free" promotions. Buy one, give one to the pantry!
- At meetings and events ask your participants to bring a can of food.
- Have a food drive! JFCS has all the promotional materials to help.
- Collect your spare change and donate it. It adds up fast.

With your help, we will continue to feed the community and begin to put an end to hunger in Jacksonville.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Double my Donation during the Block Family Food Challenge

\$18 buys 120 ounces of peanut butter  \$25 buys 18 boxes of Cheerios

\$36 buys 65 packages of mac & cheese  \$50 buys 900 lbs. of food

\$100 buys 135 cans of chicken soup  \$200 buys groceries for five families

Amount \$ \_\_\_\_\_

Send to: JFCS • 6261 Dupont Station Ct., E. • Jacksonville, FL 32217 Attn: FANN

Here are some of the ways JFCS puts your donation to work. Your dollars go a long way in meeting the needs of the people we serve.

\$36 will buy three days worth of groceries.

\$50 will buy large print books for a senior to enjoy.

\$100 provides needed therapy to parents working to regain custody of their children



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6261 Dupont Station Court, E.  
Jacksonville, FL 32217

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